

Opening of Tai Chi
Left Grasp Bird's Tail
Grasp Bird's Tail
Tiger's Mouth
Two Hands
Into the Whip
Step up and Raise Hands
45 deg Left hand Block
White Stork Spreads Wings
Right Hand Block
Strum the Peipa
Brush Knee Left
Brush Knee Right
Strum the Peipa
Twist left, parquois, strike....
....Come through, punch
Wipe it off, Block two hands
Appear to Close Entrance

Carry Tiger to the Mountain
Wipe it off
Tiger's Mouth
Two hands
Block to the Window
Fist under Elbow
Monkeys
Flying at a Slant
Strum the Peipa
45 deg Left hand block
White stork Spreads Wings
Needle to Sea Bottom
Fan Penetrates through Back
Strike, come through, Twist Left
Tiger's Mouth
Two hands
Whip
Five Clouds
Whip
High Pat on Horse
Separation Left
Separation Right
Turn and Kick
Brush Knee Left
Brush Knee Right
Punch Down
Turn and Chop with Fist
Strike, Block, Come Through
Twist Left
Low Kick
Strike Tiger Left
Strike Tiger Right
Right kick
Strike Tiger Two Hands
Left Kick, Turn, Parquois, strike....
....Come through, Punch
Wipe it off, Block two hands
Appear to Close Entrance

Carry Tiger to the Mountain, block
Wipe it off
Two Hands
Whip to the Window
Parting Wild Horses' Mane
Left Grasp Bird's Tail
Grasp Bird's Tail
Tiger's Mouth
Two Hands
Whip
Fair Lady Works Shuttle, 4 corners
Left Grasp Bird's Tail
Grasp Bird's Tail
Tiger's Mouth
Two Hands
Whip
Seven Clouds
Whip
Snake
Cock Stands on one leg, Left, Right
Monkeys
Flying at a Slant, Strum the Peipa
45 deg Left hand Block
White Stork Spreads Wings
Needle to Sea Bottom
Fan Penetrates through Back
Strike, come through, twist left
Grasp Bird's Tail
Tiger's Mouth
Two Hands
Whip
Three Clouds
Whip
High Pat on Horse
Present
Turn, Kick, Parquois, Chop
Twist Left
Grasp Bird's Tail
Tiger's Mouth
Two hands
Whip
Snake
Seven Stars
Turn and Catch the Butterfly
Shoot the Bow
Parquois, Strike, Wipe it off
Two hands
Appear to Close Entrance